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www.byrneshec.org • www.LearntobeHealthy.org

Dear Parents/Guardians,

The educational facility your child attends has scheduled their class to participate in one (or more) health education program provided by the Byrnes Health Education Center (BHEC). This letter is to notify you that your child is scheduled to participate in the following program(s): **THE DATING GAME**. Presented within your child's educational facility by an exceptionally qualified health educator, this program places special emphasis on on dating relationships. During this program participants will be presented with age-appropriate information on insightful information about healthy and unhealthy relationships.

Thank you for allowing your child to participate in the health education program provided by the BHEC. We encourage you to ask your child about the program content and activities, and value your feedback!

Be healthy,

The Education Department

*P.S. **LearntobeHealthy.org** is the eLearning tool of the BHEC. It is a website that provides interactive health education kits, information, games, and other resources for families, children, teens, and teachers. Do not hesitate! Take a look today at www.LearntobeHealthy.org to enjoy a free 30-day trial membership.*



Objectives

At the conclusion of this program, participants will be able to:

- 1) Determine what constitutes a healthy relationship.
- 2) Identify the warning signs of an unhealthy relationship.
- 3) Discuss relationship boundaries.
- 4) Determine why gender-based stereotypes sometimes promote unhealthy relationships.
- 5) Understand the risks of dating.
- 6) Identify the benefits of dating.
- 7) Examine common dating concerns and issues.